Healthiest Nation 2030

Together we can make America the healthiest nation in one generation.

In the six years since the Affordable Care Act became the law of the land, the U.S. uninsured rate has dropped to record lows. Today, millions more Americans have access to timely and affordable medical care, and that's a monumental step forward in creating the healthiest nation in one generation. But expanding access to health insurance is just one piece of the healthiest nation puzzle.

National Public Health Week www.nphw.org

AN INITIATIVE OF THE AMERICAN PUBLIC HEALTH ASSOCIATION

APRIL 3–9, 2017

To ensure everyone has a chance at a long and healthy life, we must also tackle the underlying causes of poor health and disease risk. Those causes are rooted in how and where we live, learn, work and play. It's the child who goes to school hungry and can't take full advantage of the education that leads to a healthier, more productive adulthood. It's the low-wage worker who must choose between losing much-needed income and staying home with a sick child. It's the family that struggles to find nutritious, affordable food anywhere in their community. It's the student who can't walk to school because there are no sidewalks. These are the types of conditions that shape the health and well-being of our people and communities.

Thankfully, we can do something. If we partner across public and private sectors to ensure decisions are made with people's health in mind, we can build healthier communities and eventually, the healthiest nation. But we need your help to get there.

Join us in observing National Public Health Week 2017 and become part of a growing movement to create the healthiest nation in one generation. We'll celebrate the power of prevention, advocate for healthy and fair policies, share strategies for successful partnerships, and champion the role of a strong public health system.

LEARN MORE AT NPHW.ORG

Get involved in National Public Health Week 2017

- Become a NPHW partner by signing up at **www.nphw.org** and linking to the site.
- Join Generation Public Health, a movement to create the healthiest nation in one generation, at **www.apha.org/HealthiestNation**.
- Organize, promote and attend NPHW events in your community. Download promotional and educational materials and find out more about this year's theme at **www.nphw.org**.
- Follow us on Twitter at **twitter.com/nphw**. And join us for the #NPHWChat on April 5. RSVP at **vite.io/k4azyx1dio**.
- Use NPHW to support strong public health systems and raise awareness about their role in creating the healthiest nation. Become an advocate for public health at **www.apha.org/advocacy**.
- Help APHA take 1 billion steps by NPHW. We give you everything you need to host your own steps challenge event or to participate as an individual. Let's get everyone moving! Learn more at www.nphw.org

SCAN ME

The American Public Health Association champions the health of all people and all communities. We are the only organization that influences federal policy, has a 140-plus year perspective and brings together members from all fields of public health.

Learn more at **www.apha.org**.

APHA

AMERICAN PUBLIC HEALTH ASSOCIATION

For science. For action. For health.